## **Discover The Delicacies Of Piedmont**





#### 7 Days

- 7 night accommodation in 3-4 star hotel
- · Lunch in "trattoria"
- "Merenda sinoira" in the Langhe
- Wine tasting as per programme
- Cooking lesson in Langhe area and Show Cooking in Vercelli
- Torino+Piemonte Card for 2 days
- Visit to the chocolate laboratory
- Aperitif in Torino
- Visit to a rice field and rice field "safari"
- Private guide / Tour leader assistance for the whole stay
- Guided tour of the Borromean Islands with private boat transfers and entries where necessary
- Lunch on the Fishermen Island
- Private transfer from and to the airport (Milano or Torino)
- 24 hour availability for telephone assistance

When visiting Piedmont, all visitors are impressed by its treasures: landscapes, food, art, history... By discovering them with us, you will find important Unesco sites (the Langhe, the "Sacred Mountains", the Royal Residences), the origins of the true "slow food", by visiting the world's first University for the study of food and wine. You will taste the best traditional cuisine and experience it hands on through personalized lessons and meetings with local producers, discovering particular Piedmontese products such as rice and hazelnuts. A 7-days programme to the discovery of the Langhe (3 days), Torino (2 days), Vercelli(1 day), the Lake Maggiore (1 day), for a 360° experience!

#### Day 1: Discovery of the Langhe treasures

Arrival and private transfer to the hotel in the Langhe. Typical lunch in a trattoria where you can taste the best culinary tradition. Visit to **Alba**, "historical capital" of the Langhe, renowned world-wide for its succulent white truffles, indulging in a walk in the characteristic Old Town, rich in shops offering all the delights of the region.

In the afternoon, carrying on to **Barolo** and visit to the small Medieval town which has given its name to the most famous Piedmontese wine in the world. Visit to the Castle with the Regional Barolo Wine Cellar and the suggestive **Wine Museum**, created in 2010. The visit will end in style with wine tasting in an historic wine cellar.



Discovery Italy, via Rivoira Don 24 - 10060 S. Secondo di Pinerolo (To), Italy tel. +39.011.3473640 e-mail: info@discoveryitaly.org; website: www.discoveryitaly.org



#### Day 2: Try and taste Piedmontese Cooking!

Leave a special kitchen experience in La Morra, preparing and tasting a traditional Piedmontese lunch. In the afternoon, visit to a family company, leader in the processing of **hazeInuts** with deep attention to quality and environmental sustainability.

Accomplish the day with a "merenda sinoira" with the typical products of the Langhe among its wonderful hills, in the charming atmosphere of an enchanting sunset.

#### Day 3: Food as an Experience and a Heritage

Discover how food can be a science and a heritage at Pollenzo (Bra), visiting the large complex of buildings (part of Unesco Heritage) hosting the **University of Gastronomic Sciences**, the "Bank of Wine" and the Slow Food movement, a point of reference for new models of economy, more respectful toward environment and workers.

In the afternoon, stop in **Neive**, one of the most beautiful small towns with amazing views, and arriving in **Barbaresco**, small town whose name is related to one of the most famous wines in the world. Here you will enjoy a visit of the town, with its Medieval tower and vineyards, and a wine tasting of Barbaresco.

# Day 4: The "Piedmontese Versailles" and the first capital of Italy

Departing for **Torino**, stop at the **Reggia di Venaria** Reale, known as the "Piedmont Versailles". Visit to this great architectural masterpiece, the biggest royal Palace in Piedmont, surrounded by wonderful gardens and a beautiful village where you can have lunch.

In the afternoon, visit to the first capital of Italy and its **historical palaces and squares**: Piazza Castello, Palazzo Reale, Palazzo Madama...

Must see at one of its historical cafés, tasting the famous "bicerìn", a delicious drink with chocolate, coffee and milk...

### Day 5: Torino, the paradise of chocolate!

Discover Torino, the paradise of chocolate, where the wrapped chocolate was invented and the first "cioccolateria" was opened in 1678. Visit to the workshop of **Guido Gobino**, with tasting of some specialties of one of the best artisanal chocolate producers in Piedmont, which perfectly combines tradition and technology.





The discovery of Torino continues with the visit to the **National Cinema Museum**, in the Mole Antonelliana, symbol of the city. Lunch in the nice **Piazza Vittorio**, just a few steps from the Mole and overlooking the Po river, rich of trendy pubs and restaurants.

In the afternoon, visit the renewed **Egyptian Museum** or the "**Royal Pole**", the new museum project including the Royal Palace and its gardens, the Royal Library and Armory, the new Art Gallery, the Archeological Museum and Chiablese Palace (that hosts international temporary art exhibitions).

Aperitif in the **"Roman Quadrangle"**, a lively meeting point for its typical restaurants and pubs.

#### Day 6: Vercelli, land of rice

Discover the lands of rice, an excellence of Piedmont production, in the plain of **Vercelli and Novara**. Explore the typical landscape of the paddies with a guided visit and prepare the genuine risotto through an engaging cooking-show.

After visiting to a local rice producer, you can experience an exclusive "rice fields safari" on a cart pulled by back of a tractor (April-October), with even the possibility to take a few steps barefoot in the rice fields (May / June), to imagine the hard work of the rice weeders.

Before arriving at the Lake Maggiore you will visit **Gattinara**, medieval town and one of the capitals of Piedmontese red wines, with tasting of the namesake wine.

#### Day 7: Lake Maggiore and its wonderful islands

Discover the magnificence of the **Lake Maggiore** with a guided tour of the **Borromean Islands**: Isola Bella, with Borromeo Palace and its wonderful gardens; the Fishermen Island, with its typical alleys (lunch in a traditional restaurant), the Isola Madre with its botanical garden.

In the afternoon, visit to the **Sacro Monte di Varallo**, the oldest and most important of Sacred Mounts in Piedmont (Unesco Heritage). At the end, enjoy the romantic sunset atmosphere with a dinner on the lake.



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